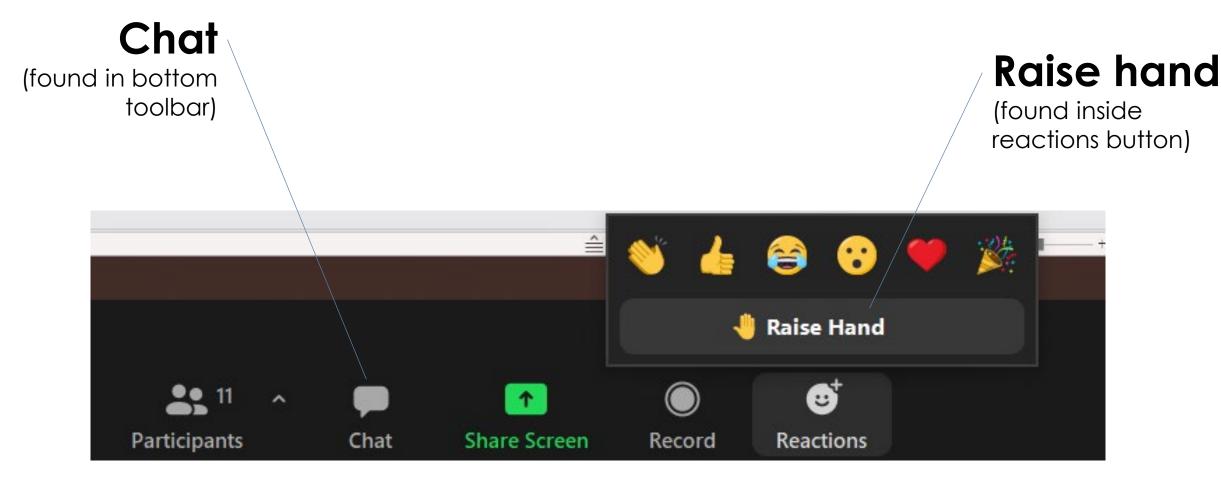
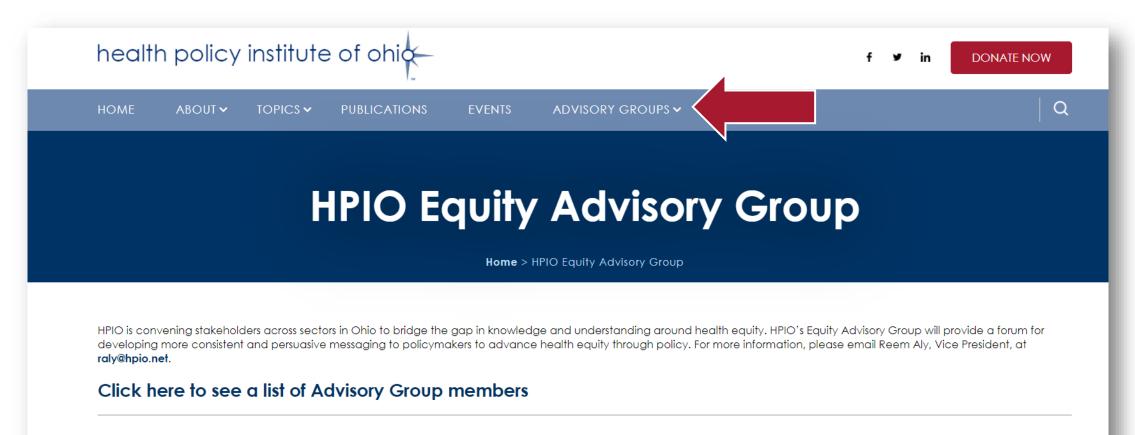


HPIO Equity Advisory Group September 6, 2023

Participating in Zoom





Equity Advisory Group meeting materials 2021

[Next] Tuesday, July 27, 2021 from 1 p.m. – 3 p.m. (online via Zoom; log-in details provided in email invitation)

[Past] Tuesday, March 2, 2021 from 2 p.m. – 4 p.m (online via GoToWebinar)

This was a joint meeting with the **Health Measurement Advisory Group**. The purpose of the meeting was to prepare for the release of the 2021 *Health Value Dashboard*. Stakeholders provided feedback to help strengthen the impact of the *Dashboard* with policymakers and heard important information about using the *Dashboard* to influence the policymaking process and advance equity.



VISION

Ohio is a model of health, well-being and economic vitality

MISSION

To advance evidence-informed policies that improve health, achieve equity, and lead to sustainable healthcare spending in Ohio.

Today's agenda

- Welcome and overview
- HPIO Equity updates
- Discussion: Equity fact sheets
- Discussion: Equity measurement and evaluation toolkit
- Next steps

Meeting objectives

As a result of this meeting, HPIO will have guidance from the EAG on:

- How HPIO's equity work has been used in the policymaking process
- The development of two equity fact sheets and a measurement and evaluation toolkit
- The ideal meeting schedule for the EAG going forward

Advisory group purpose

- Provide guidance to HPIO on equity-related work
- Facilitate a common understanding and awareness of equity issues
- Develop a network of equity stakeholders across the state

HPIO Equity Advisory Group

Sectors represented

Advocacy	Local health department	State agency	Housing
Provider/clinician	Education	Research/ academia	Social service provider
Coalition or group supporting at-risk population	Health plan/private insurer/managed care	Grassroots community organizing	Community/ economic development
Education/job training	Philanthropy	Employment services/income	Business

Introductions

HPIO Equity updates

Early equity days

health**policy**brief The role of diversity in Ohio's health workforce

Introduction

Ohio's health workforce plays a key role in ensuring that Ohioans have access to high quality health services that are appropriate, comprehensive and integrated. Driven by a rapidly aging population and the expansion of subsidized health coverage through the Affordable Care Act (ACA), the demand for health services is expected to increase substantially in the coming years. This increased demand for health services, coupled with an expected demographic shift toward a more racially, ethnically and culturally diverse population, has intensified the demands on Ohio's health workforce.

This policy brief highlights how diversifying Ohio's in the health workforce (referred to as health workforce, by increasing the presence of racially and ethnically diverse populations. individuals from poor socio-economic backgrounds and rural or Appalachian Ohio (referred to as underrepresented populations)

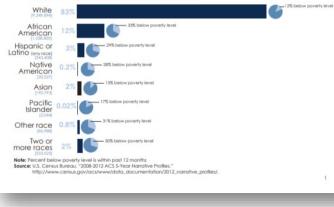
can contribute to a number of benefits, including increased access to health services for Ohio's most underserved populations. This brief also discusses a number of strategies that can be implemented to diversify Ohio's health workforce.

What is a diverse health workforce?

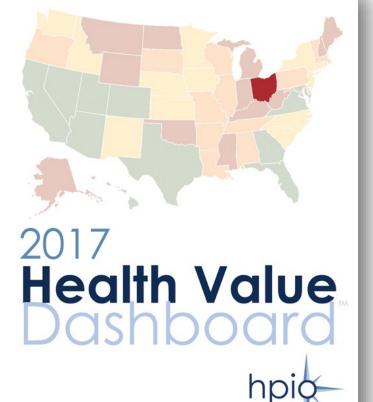
A diverse health workforce ensures that the characteristics and distribution of health workers is reflective of the characteristics and distribution of the patient population.

Across a number of health professions, data demonstrates that individuals from racial and ethnic minorities are underrepresented underrepresented minorities).1 Data also suggests the same for individuals coming from rural or Appalachian regions and poor socioeconomic backgrounds.

A snapshot of Ohio's population, all ages, 2012



2014





Ohio has troubling health gaps

There is more than a 29 year gap in life expectancy at birth depending on where a person lives in Ohio. The lowest life expectancy is 60 years in the Franklinton neighborhood of Columbus (Franklin County) compared to 89.2 years in the Stow area (Summit County).1 This troubling disparity is attributed to the fact that not all Ohioans have the same opportunity to live a healthy life based on geography, race and ethnicity, income, education or other social, economic or demographic factors.

As a result, many groups of Ohioans experience large gaps in health outcomes: · Black infants are nearly three times as likely to die in the first year of life compared to white

infants.² Ohioans with disabilities are four times as likely

to experience depression than Ohioans without disabilities. Ohioans with less than a high school education

are 2.7 times more likely than Ohioans with some post-high school education to report fair or poor health

The underlying drivers of these gaps in outcomes are complex and rooted in many factors.

What is health equity?

Health equity is a term widely used in health policy discussions regarding efforts to eliminate health gaps, but the term has many different definitions, To provide a foundation for advancing health equity in Ohio, HPIO convened an Equity Advisory Group to come to consensus on a definition of heath equity. The group reviewed existing definitions of health eauity⁵ and, after a series of discussions, developed the following:

"Everyone is able to achieve their full health potential. This requires addressing historical and contemporary injustices and removing obstacles to health such as poverty. discrimination and their consequences. including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments and health care."

key findings for policymakers Many groups of Ohioans experience troubling gaps in health outcomes. Not

all Ohioans have the same opportunity to live a healthy life based on geography, race and ethnicity, income, education or other social, economic or demographic factors

The choices we make are often shaped by the environments in which we live. Because of this, many Ohioans face barriers to being healthy due to, for example, unequal access to high-quality education, a job that pays a self-sufficient income and adequate stable housing There are evidence-based approaches to closing Ohio's health gaps. Closing Ohio's health gaps requires a comprehensive approach that involves multi-sector, public- and private-sector stakeholder collaboration.

The definition highlights the what and the how of health equity: What does health equity mean? Everyone is able to achieve their full health potential. . How can we achieve health equity? By addressing historical and contemporary injustices and removing obstacles to health such as poverty, discrimination, and their consequences.

In addition, the Advisory Group identified the following definition for the purposes of measuring Ohio's progress toward health equity:

"Health equity means reducing and ultimately eliminating disparities in health and its determinants that adversely affect excluded or marginalized groups including but not limited to by demographic, social, economic or geographic factors."

2018

2017

March 2017

Updates from 2023

HEALTH VALUE DASHBOARD A closer look at outdoor air pollution and health

hpi¢-

Clean air and water, safe places to walk outside and access to healthy food are examples of physical environment conditions that affect the health and well-being of Ohioans. This policy brief focuses on the importance of clean air and the many effects that air quality has on health throughout a person's life. State and local leaders in Ohio can do more to improve air quality

3 key findings for policymakers Improving outdoor air quality will lead to better maternal

and infant health, less chronic

disease and other improved

Ohio has implemented policies

efforts to reduce pollution and

opportunities to improve air quality through policy changes in the transportation, energy and regional planning sectors.

Strong (r >0.75)

Moderate (r = 0.5-0.75)

outcomes for Ohioans

improve air quality

Policymakers have

through policy change. Outdoor air quality is included in the Health Policy. Institute of Ohio's (HPIO) Health Value Dashboard[™], In the Dashboard, Ohio ranked 46th on this metric, meaning that most other states have cleaner outdoor air

This policy brief provides additional information on the outdoor air quality metric in the Dashboard, including

· Air pollution affects health outcome Recent policy changes may affect air pollution · Outdoor air quality can be improved in Ohio

How does outdoor air quality affect health?

Analysis of Dashboard data finds that the physical environment, which includes outdoor air quality, has a much stronger correlation with the overall health of a state than access to care or healthcare system performance. Figure 1 shows the strength of the relationship between domains in the Dashboard and population bealth, indicating that the physical environment (including outdoor air quality) is strongly connected to a state's overall health, only surpassed by public health and preventio

Figure 1. The effect of the physical environment on population health

Strenath of relationship between state performance on 2021 Health Value Dashboard domains and population health



2023 HEALTH VALUE DASHBOARD

What are the equity profiles? Why Every Ohioan should have the opportunity to live a long and healthy life, free from environments and experiences that expose them to harm. However, many Ohioans continue to face prioritize equity? unhealthy conditions and barriers to health in their homes, schools workplaces and communities. Equity is when

20

health, well-being

ritality, it is critical

systems, policies

and beliefs that

over others and

The Health Value Dashboard equity profiles explore gaps in every Ohioan has outcomes among groups of Ohioans and analyze the barriers to the opportunity Health that contribute to these gaps. The profiles display data for:
 Black Ohioans
 Hispanic/Latino Ohioans to reach their full potential. Gaps in Ohioans with disabilities among groups of Ohioans indicate that resources, Ohioans with low incomes and/or low educational attainment Onloans with low incomes and/
 New for 2023: LGBTQ+ Ohioans

experiences and environments that support health How do experiences and are not available environments shape health over to everyone.

time?

To ensure Ohio is a model of Ohioans' experiences throughout their lives can lay the foundation for good health and well-being as they age. Challenging life circumstances can overburden individuals and families, limiting their ability to build those strong foundations. For example, financial strain and poverty can lead to hunger and housing instability, and to eliminate a lack of transportation can keep people from accessing jobs and physical, mental and oral health care. These harmful conditions and stressful experiences can accumulate over a person's lifetime unfairly favor and contribute to health problems and even early death. some Ohioans create obstacles to good health.

In addition, experiencing racism and other forms of discrimination can add to the load that Ohioans of color, Ohioans with disabilities, LGBTQ+ Ohioans and others bear. Therefore, improving the health, well-being and economic vitality of Ohio involves ending racism and discrimination and their harmful effects, so that all Ohioans, regardless of race, ethnicity, education, disability status, income, sexual orientation or gender identity, have the opportunity to reach their full health potential.

How can Ohio close gaps in outcomes? Despite these challenges, Ohicans are resilient, and barriers to good health and well-being can be overcome. Ohic's leaders in the public and private sectors can improve health by enacting programs and policies that eliminate racism and discrimination support safe, stable and strong communities; and provide opportunities for every Ohioan to thrive

Social Drivers of Infant Mortality

health policy institute of ohig-

3 Kev findinas For many years, policymakers for policymakers across Ohio have worked to

 Changes beyond health care are needed to ensure that every baby thrives. While healthcare innovations are necessary, improvements to broader community conditions are needed to decrease widening gaps and reduce high rates of infant mortality. Decisionmakers have explored this issue through multiple advisory committees, collaborative nvigorate Ohio's stalled progress on infar 2. Leaders across sectors must work together for meaningful efforts, investments, leaislation and other policy changes.¹ For example, the Ohio General changes. Public and private partners from the health, housing, transportation, education and employment sectors have many opportunities to change policies and nvest in effective solutions to eliminate disparities. Assembly passed Senate Bill 322 in 2017, which adopted recommendations from the Ohio Commission on Infant Mortality's 2016 report and required the creation of the 2017 Social Drivers of Infant Mortality (SDOIM) report: A New Approach to Reduce Infant

S

Why is action

and community leaders

needed?

Building on and prioritizing recommendations to reduce infant mortality



tions of the Eliminatio

A New Approach to Reduce Infan Final Recom Mortality and Achieve Equity (2017) Specific recommendations to improve Disparities in Infant Mortality Task Force (2022) General recommendations to improve housing, transportation, education and health care, education, economic stability employment. Developed by the Health Policy Institute of Ohio (HPIO) for the neighborhood and built environment and social and community context. Coordinated Ohio Leaislative Service Commission by the Ohio Department of Health.

This policy brief builds upon these recommendations by priorifizing specific and actionable steps leaders can take to create change in five areas: Housing, transportation, education, employment and racism



economic potential

Overview

local budgets.

Ohio can grow its economy and preserve public resources by ensuring that every person has the opportunity to live a healthy life and fully participate in the state's economy. When people are healthy and financially stable, their families, businesses and local communities benefit.

However, the 2023 Health Value Dashboard shows that Ohioans face worse health outcomes, including living shorter and less healthy lives, than people in most other states. Contributing factors include rising overdose and suicide deaths and Ohio's long-term decline in labor force participation

These challenges are especially stark for Black and Hispanic/Latino Ohioars!, who often face barriers to health and employment — barriers that are rooted in systemic and historical injustices that continue to this day. This results in disparities, or systematic differences in outcomes, experienced across groups of Ohioans.

\$3 billion in reduced healthcare spending

If Ohio eliminates

Ohio could gain

output each year

more in consumer spending

more in state and local tax

In addition, Ohio could gain:

more in total income

\$40 billion

\$30 billion

\$4 billion

\$79 billion in economic

nate that by 2050:

disparities...

outcomes, such as life expectancy and overall health \$2 billion status, represent missed economic opportunities for Ohio businesses, advernments and communities. Allowing in increased employee these disparities to continue to exist will only result in a more economically unstable and unhealthy Ohio. By productivity \$821 million eliminating racial disparities, leaders in Ohio can grow the workforce, increase consumer spending, strengther communities and reduce fiscal pressures on state and in reduced corrections spending

 Summarizes the factors that contribute to racial disparifies in Ohio Provides new data on the economic benefits Ohio could gain by eliminating disparities Recommends a series of actions that Ohioans can take to eliminate racism, improve health and increase economic vitality

Beyond the substantial impacts on people and communities of color across Ohio, disparities in

recommendations, and more can be done to engage community members and hold leaders accountable for enacting specific changes to support families. Mortality and Achieve Equity

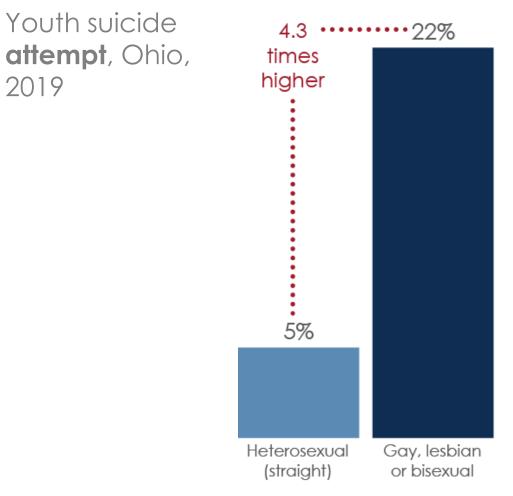


2023 HEALTH VALUE DASHBOARD

EQUITY PROFILES

Youth suicide

4.8 ••••• 50% Youth times considering higher suicide, Ohio, 2019 11% Heterosexual Gay, lesbian (straight) or bisexual **Source:** Centers for Disease Control and Prevention, Youth Risk Behavioral Surveillance Survey



Source: Centers for Disease Control and Prevention, Youth Risk Behavioral Surveillance Survey

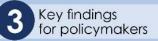
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Social Drivers of Infant Mortality

Recommendations for Action and Accountability in Ohio

Why is action

needed? For many years, policymakers and community leaders across Ohio have worked to reduce high rates of infant mortality. Decisionmakers have explored this issue through multiple advisory committees, collaborative efforts, investments, legislation and other policy changes.' For example, the Ohio General Assembly passed Senate Bill 322 in 2017, which adopted recommendations from the Ohio Commission on Infant Mortality's 2016 report and reauired the creation of the 2017 Social Drivers of Infant Mortality (SDOIM) report: A New Approach to Reduce Infant Mortality and Achieve Equity.



Changes beyond health care are needed to ensure that every baby thrives. While healthcare innovations are necessary, improvements to broader community conditions are needed to decrease widening gaps and reinvigorate Ohio's stalled progress on infant mortality. 2. Leaders across sectors must work together for meaningful changes. Public and private partners from the health. housing, transportation, education and employment sectors have many opportunities to change policies and invest in effective solutions to eliminate disparities. 3. Progress on past recommendations has been mixed. Policymakers can build upon the bipartisan cooperation, sustained investment and local collaboration that contributed to action on evidence-based recommendations, and more can be done to engage community members and hold leaders accountable for enacting specific changes to support families.

Building on and prioritizing recommendations to reduce infant mortality



A New Approach to Reduce Infant Mortality and Achieve Equity (2017) Specific recommendations to improve housing, transportation, education and employment. Developed by the Health Policy Institute of Ohio (HPIO) for the Ohio Legislative Service Commission.



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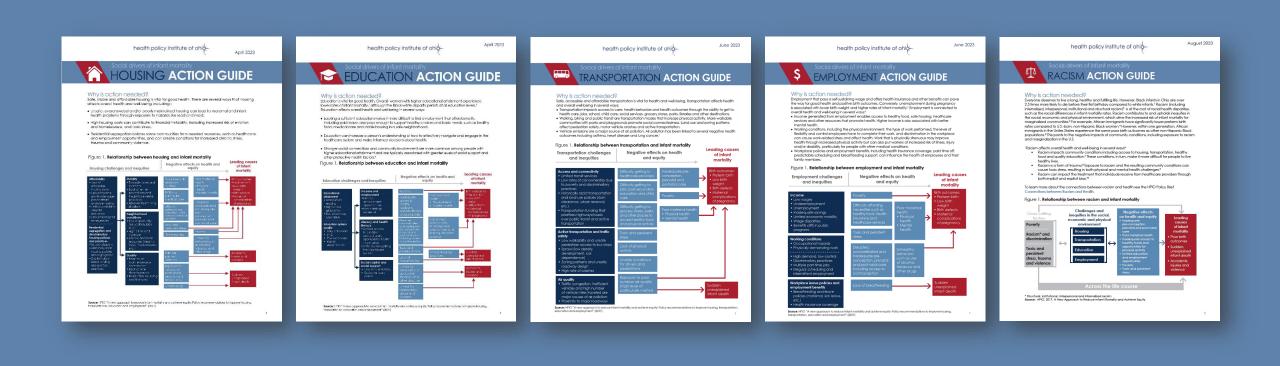
housing transportation education employment

racism



1

Action Guides 🏠 🖽 🔄 💲 🎵



Unlocking Ohio's economic

potential



Unlocking Ohio's economic potential

'he impact of eliminating racial disparities on Ohio businesses, governments and communities

Overview

Ohio can grow its economy and preserve public resources by ensuring that every person has the opportunity to live a healthy life and fully participate in the state's economy. When people are healthy and financially stable, their families, businesses and local communities benefit.

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Beyond the substantial impacts on people and communities of color across Ohio, disparities in outcomes, such as life expectancy and overall health status, represent missed economic opportunities for Ohio businesses, governments and communities. Allowing these disparities to continue to exist will only result in a more economically unstable and unhealthy Ohio. By eliminating racial disparities, leaders in Ohio can grow the workforce, increase consumer spending, strengthen communities and reduce fiscal pressures on state and local budgets.

- This analysis:
- Summarizes the factors that contribute to racial disparities in Ohio
- Provides new data on the economic benefits Ohio
- could gain by eliminating disparities
- Recommends a series of actions that Ohioans can take to eliminate racism, improve health and increase
- economic vitality

If Ohio eliminates disparities...

Researchers estimate that by 2050: Ohio could gain

\$79 billion in economic output each year

In addition, Ohio could gain:

\$40 billion more in total income

\$30 billion more in consumer spending

\$4 billion more in state and local tax revenues

\$3 billion in reduced healthcare spending

\$2 billion in increased employee productivity

\$821 million in reduced corrections spending

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Source: HPIO "Unlocking Ohio's Economic Potential: The Impact of Eliminating Racial Disparities on Ohio Businesses, Governments and Communities" July 2023



Discussion questions 1. How have you used the Dashboard and/or other HPIO publications to influence policy or communicate with policymakers? 2. How can HPIO best disseminate these resources?

Upcoming work...

- Two equity fact sheets
- Equity measurement and evaluation toolkit
- Medicaid redetermination fact sheet
- Two criminal justice and health briefs
- Water quality and health brief
- 2024 Health Value Dashboard

HPIO upcoming project: Equity fact sheets

Fact sheet goals

- 1. Build off the Social Drivers of Infant Mortality project
- 2. Pair data with community voices
- 3. Focus on success stories to catalyze further progress

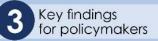
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housing transportation education employment

racism



1

Example ways to integrate community voices

- Quotes
- Stories
- Photos
- Other ideas?

Discussion questions

- 1. Given the current policy landscape, which social drivers of health would be the most salient to focus on for the equity fact sheets?
- 2. Are there partners that you think we should connect with to uplift community voices?
- 3. Are there success stories related to a policy change that come to mind that you think should be highlighted?

HPIO upcoming project: Equity measurement and evaluation tookit

Background and definitions

Key terms

Health equity

All Ohioans have the opportunity to **attain their full health potential**. Equity is the absence of socially unjust or unfair disparities in access to services, quality of services, and health and behavioral health outcomes.

Source: Community Assessment and Plan Pathway to Impact and DACC Strategic Plan 2021-2024, Ohio Department of Mental Health and Addiction Services

Example: 2023-2025 Community Assessment and Plan materials, Ohio Department of Mental Health and Addiction Services

Key terms

Racism and discrimination

Discriminatory systems categorize and rank social groups and differently distribute resources and opportunities to those groups based on their perceived inferior or superior ranking.

- Racism: ranking based on race
- Ableism: ranking based on disability status
- Ageism: ranking based on age
- Etc.

Source: Connections between racism and health: Taking action to eliminate racism and advance equity, Health Policy Institute of Ohio

Example: 2023-2025 Community Assessment and Plan materials, Ohio Department of Mental Health and Addiction Services

Four levels of racism

Structural racism

is racial bias among institutions and across society

Institutional racism occurs within institutions and systems of power

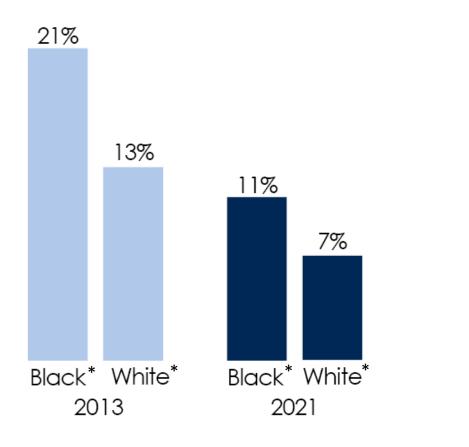
Interpersonal racism occurs between individuals

Internalized racism

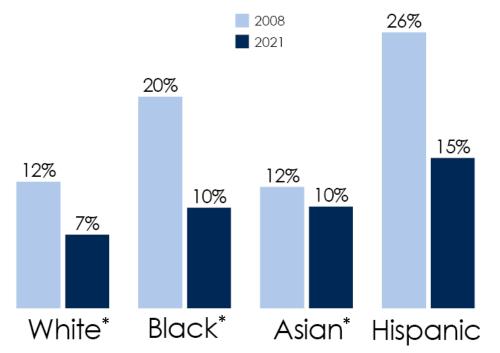
Disaggregated data

Access and coverage

Percent of adult Ohioans who went without health care because of cost in the past year



Percent of Ohioans who are uninsured, ages 0-64



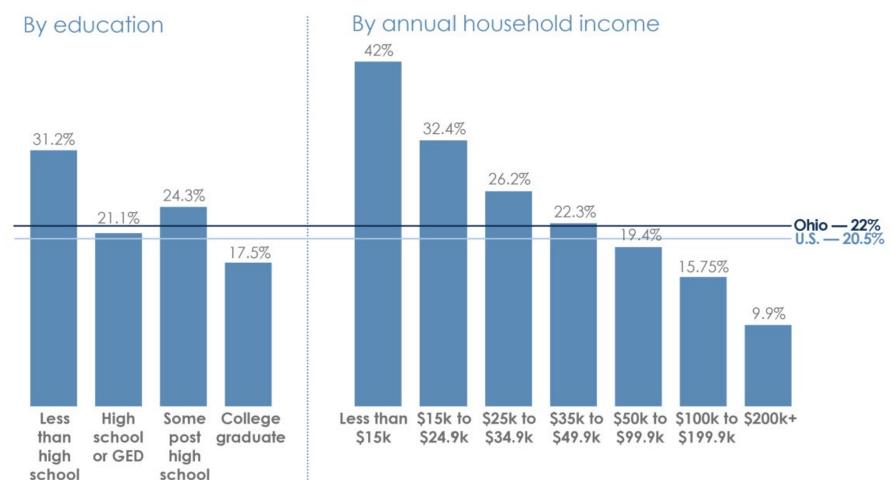
Source: American Community Survey, as compiled by Kaiser Family Foundation State Health Facts

Source: Behavioral Risk Factor Surveillance System

Depression

Percent of Ohio adults who reported ever having been told by a healthcare provider that they have some form of depression, 2021

Ohioans who have lower educational attainment or lower incomes are more likely to report having ever been told by a healthcare provider that they have depression.

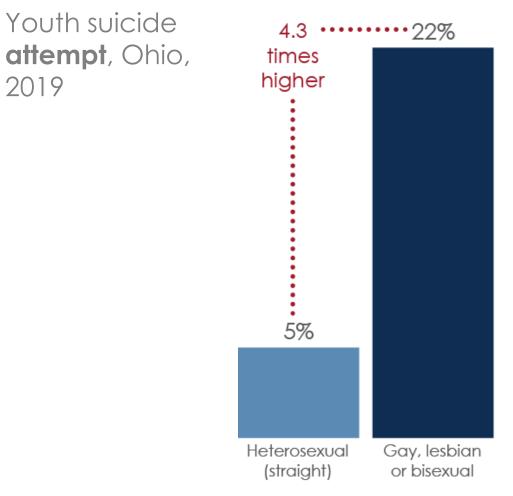


Source: Health Policy Institute of Ohio data snapshot, "Trends in mental health among Ohioans." Data from Behavioral Risk Factor Surveillance System, 2021



Youth suicide

4.8 ••••• 50% Youth times considering higher suicide, Ohio, 2019 11% Heterosexual Gay, lesbian (straight) or bisexual Source: Centers for Disease Control and Prevention, Youth Risk Behavioral Surveillance Survey



Source: Centers for Disease Control and Prevention, Youth Risk Behavioral Surveillance Survey

Collecting data: Qualitative methods

Survey, oversampling smaller groups

Focus groups or key informant interviews

Share results and explore root causes of disparities

Example: 2023-2025 Community Assessment and Plan materials, Ohio Department of Mental Health and Addiction Services

Evaluating equity

Equitable evaluation: Participation from communities

Engage broad range of partners

Inclusive decision making in evaluation process Share findings with the community; transparency and accountability

Example: 2023-2025 Community Assessment and Plan materials, Ohio Department of Mental Health and Addiction Services

Example: 2020-2022 Strategic Action Plan on Aging, Ohio Department of Aging	Goal All Ohioans live longer, healthier lives with dignity and Disparities and inequities are eliminated. • Increased life expectancy • Reduced premature death • Improved health status • Reduced elder abuse and neglect	d autonomy. Ohio is the best place to age in the nation
	What factors impact the health and well-being of older Ohioans? Issues listed are prioritized in the SAPA	How will we know if the health and well-being of older Ohioans is improving?
	Community conditions Livable communities	Issues listed are prioritized in the SAPA Social connectedness
	 Financial stability Quality and affordable housing Transportation access 	Social inclusionVolunteerism
	Healthy living	Population health
	Prevention and self-management Nutrition Physical activity	 Cognitive health Cardiovascular health Mental health
	Access to care	Preserving independence
	Services and supports	 Chronic pain management Falls prevention
	 Health-care coverage and affordability Home and community-based supports Home care workforce capacity and caregiver supports 	
	Principles	
	Elder justice is achieved by fostering and promoting a dismantle ageism, and create an age-integrated socie	

 dismantle ageism, and create an age-integrated society that supports older e longer, healthier lives with dignity and autonomy.

Equity

Equity requires dismantling ageism and the compounding effects of ageism and other forms of discrimination. To eliminate disparities and inequities, SAPA strategies must be tailored to Ohioans with the greatest need, and coupled with efforts to dismantle ageism, ableism, racism, and other forms of discrimination.

Example: 2020-2022 Strategic Action Plan on Aging, Ohio Department of Aging
•

Goal

All Ohioans live longer, healthier lives with dignity and autonomy. Disparities and inequities are eliminated.

- Increased life expectancy
- Reduced premature death
- Improved health status
- Reduced elder abuse and neglect

Vision

Ohio is the best place to age in the nation

What factors impact	the health and well-being of older	

Issues listed are prioritized in the SAPA

Community conditions Livable communities

Financial stability
 Quality and affordable housing
 Transportation access

Healthy living Prevention and self-management

Nutrition
 Physical activity

Access to care Services and supports

Health-care coverage and affordability
Home and community-based supports

How will we know if the health and well-being of older Ohioans is improving?

Social connectedness

- Social inclusion
- Volunteerism

Population health

- Cognitive health
- Cardiovascular health
- Mental health

Preserving independence

Chronic pain management
 Falls prevention

Principles

Elder justice

Elder justice is achieved by fostering and promoting systems, policies, and beliefs that value aging, dismantle ageism, and create an age-integrated society that supports older Ohioans to live longer, healthier lives with dignity and autonomy.

Equity

Equity requires dismantling ageism and the compounding effects of ageism and other forms of discrimination. To eliminate disparities and inequities, SAPA strategies must be tailored to Ohioans with the greatest need, and coupled with efforts to dismantle ageism, ableism, racism, and other forms of discrimination.

Example: 2020-2022 Strategic Action Plan on Aging, Ohio Department of Aging

Elder justice and equity





Creating goals and setting universal targets

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SMART objectives

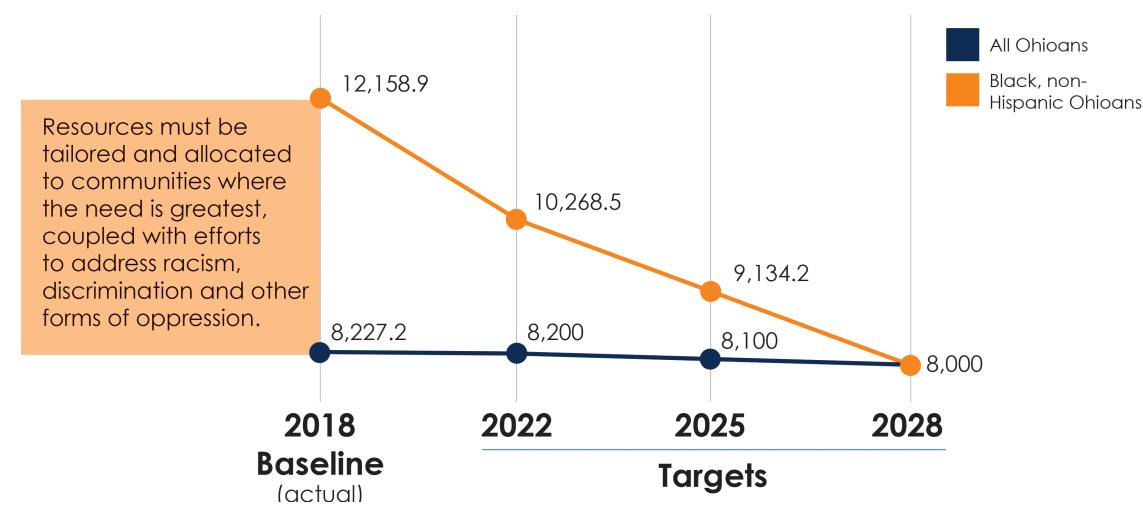
- Specific _____ Indicator and source
- <u>Measurable</u>
- <u>Achievable</u> Target data value
- <u>R</u>ealistic
- Time-bound **J-** Baseline and target years

SMART objective example

General statement about desired result	Specific metric to quantify the outcome Data source		Most-recent actual data	Targets: Specific numbers that quantify the desired outcome		
Desired outcome	Indicator (source)		Previous SHIP baseline (2018)	Short-term target (2022)	Intermediate target (2025)	Long-term target (2028)
Reduce infant mortality	MIH2. Infant mortality. Number of deaths for infants under age 1, per 1,000 live births (ODH Vital Statistics/ODH)		6.9	6.5	6.3	6
	Priority populations					
	Black (non-Hispanic)		14	10.8	8.4	6
Target source: ODHIndicator number (MIH=Maternal and infant health)Groups with outcomes at leastUniversal long-term to (equity generation)					long-term target (equity goal)	
	ad state agency data monitoring					

Universal target example

Years of potential life lost (YPLL) before age 75, per 100,000 population (age adjusted)



Poll question

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Discussion questions

Why did you answer the way you did?
 What other tools or resources should we include?

Toolkit audience

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HPIO's main audiences

Primary

State legislators, state agencies, local government, boards and commissions

Secondary

Healthcare providers, health plans/insurers, nonprofits, advocates, public health organizations, researchers, business leaders

Discussion questions

- 1. What stakeholders(s) do you think would benefit the most from this toolkit?
- 2. In what ways could this be valuable to your work, your organization, or your sector?

Next steps

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Poll question

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